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Wednesday Devotional

06/26/24

Scripture: Psalm 55: 1 – 2

Restlessness By: Dr. Charles Stanely

It's the feeling of internal irritation. Something is wrong, but you just can't put your finger on what it is or why it's bothering you. Nothing you do can rid you of the uneasiness in your heart.

Understand that one of the simplest ways God gets your attention is to make you restless. Just as the blast of a warning siren can make you stop in your tracks and take cover, a spirit of unease is God's way of prompting you to seek Him so that He can ready you for what is ahead.

So when that happens, the wisest thing to do is to stop and ask the Lord what He is trying to say to you. Ask, "Father, what are You communicating to me? What is it about Your will that I'm missing?" Do not distract yourself or try to soothe the irritation with anything other than His presence – it won't work. Just continue to seek Him until He shows you what to do and restores peace within you.

Stanley, Dr. Charles. *Jesus, Our Perfect Hope*. Thomas Nelson: Nashville, 2018