

Wednesday Devotional

08/26/26

Scripture: Psalm 56: 3

Overcome Fear By: Dr. Charles Stanley

Today, don't deny your anxieties – you cannot just put them away as if they don't exist. Every one of us fears something at one time or another. Even the great saints of Scripture were afraid on occasion: Moses and Jeremiah feared their call to leadership (Exodus 3-4; Jeremiah 1). The Psalms openly reveal David's concerns and apprehensions (Psalms 3; 27; 34; 55; 56). Timid Timothy had to be exhorted by Paul to continue his ministry (2 Timothy 1: 6-8).

Notice that in today's verse, David said, "*When* I am afraid" (emphasis added). Fear *will* come. And when it does, confess it to God. Rather than refusing to admit your fears, acknowledge them and place your trust in God. Turn your gaze to your Rock, Jesus Christ.

A healthy fear of God – reverence, respect, and reliance upon Him – is your foremost weapon against worry. He is always trustworthy. He is always faithful. He will not fail or forsake you. You can count on Him. So, place your trust in God's powerful presence. His great wisdom, power, strength, and love are your confidence. Dwell on Him – not your fears. And confess that no matter what comes against you, it is no match for the Lord your God.

Stanley, Dr. Charles. *Jesus, Our Perfect Hope*. Thomas Nelson: Nashville, 2018