

Wednesday Devotional

August 19, 2026

Scripture: Psalm 16:9

Hope for the Heart By: Rev. Billy Graham

Perhaps the greatest psychological, spiritual, and medical need that all people have is the need for hope. Dr. McNair Wilson, the famous cardiologist, remarked in his autobiography, *Doctor's Progress*, "Hope is the medicine I use more than any other – hope can cure nearly anything."

Years ago Dr. Harold Wolff, professor of medicine at Cornell University Medical College and associate professor of psychiatry, said, "Hope, like faith and a purpose in life, is medicinal. This is not a statement of belief, but a conclusion proved by meticulously controlled scientific experiment."

When hope dies, despair will overwhelm us. Hope is both biologically and psychologically vital to us. Men and women must have hope – and true hope comes only from Christ. He gives us hope for the future as we turn in faith to Him – hope for eternity and hope right now.

Graham, Rev. Billy. *Hope for each Day*. Thomas Nelson: Nashville, 2002